# Organic acids (Organix® profiles)

### Optimization of the analysis to the more precise LC-MS/MS

Dear colleagues,

dear members of the medical practice team,

thanks to the introduction of new innovative equipment, the analysis method has been optimized from LC-MS (liquid chromatography-mass spectrometry) to LC-MS/MS (liquid chromatography-tandem mass spectrometry). This allows for even more precise measurement of organic acids.

Therefore, the following changes will be implemented from April 1st, 2025 onwards:

### 1. Adjustment of reference ranges

There are updated reference ranges for the following request profiles and parameters:

#### Organix® Dysbiosis (1265)

Updated reference range		
4-Hydroxybenzoic acid < 0.63		
Benzoic acid < 67		
Dihydroxyphenylpropionic acid	< 1.5	
Hippuric acid	< 640	
Tricarballylic acid	< 1.4	
Tartaric acid	< 9.6	
Citramalic acid < 3.1		
p-Hydroxyphenylacetic acid	< 10	
m-Hydroxyphenylacetic acid	< 3.4	
p-Cresol sulfate	< 105	
Indican < 76		
D-Arabinitol *		

Billing and prices	
GOÄ (scale of charges and fees for physicians):	3585.H1, 3783, 4078, 4079
Price for direct payers:	68.77 €
Price for private patients:	102.54€

<sup>\*</sup> This parameter is not affected by the change of method. Therefore, the reference range does not need to be updated.



# Important laboratory information

### **Organix® Energy metabolism (7207)**

Updated reference range	
Malic acid	< 2.0
α-Ketoglutaric acid < 31	
Succinic acid	< 3.0
Cis-aconitic acid	< 160
Fumaric acid < 2.5	
Citric acid	< 610
Lactate	*
Pyruvate	*
Lactate/Pyruvate ratio	*

Billing and prices	
	3776, 3781, 3783, 3585.H1
Price for direct payers:	65.86€
Price for private patients:	75.73 €

### Organix® Neuro (7208)

Updated reference range		
Vanillylmandelic acid	< 3.6	
Homovanillic acid < 5.6		
5-Hydroxyindoleacetic acid	< 3.6	
Tryptophan	*	
Xanthurenic acid	< 1.0	
L-Kynurenine < 1.5		
Kynurenic acid	< 2.3	
Quinolinic acid	< 8.0	
Kynurenic acid/L-Kynurenine ratio > 1.6		
L-Kynurenine/Tryptophan ratio < 0.07		

Billing and prices	
GOÄ (scale of charges and fees for physicians):	4071, 4073, 4077
Price for direct payers:	99.66 €
Price for private patients:	114.60€

### **Organix® Vitamin B deficiency (7209)**

Updated reference range		
α-Ketoisocaproic acid < 1.5		
α-Keto-β-methylvaleric acid $< 1.4$		
α-Ketoisovaleric acid < 3.5		
Methylmalonic acid *		
Xanthurenic acid < 1.0		

Billing and prices	
GOÄ (scale of charges and fees for physicians):	3783, 4078, 4079
Price for direct payers:	66.44€
Price for private patients:	99.86€

<sup>\*</sup> This parameter is not affected by the change of method. Therefore, the reference range does not need to be updated.



## Important laboratory information

The respective adjustments affect the all-in-one profile "Organix® Total":

#### Organix® Total (9888)

Organix® Dysbiosis, Organix® Energy metabolism, Organix® Neuro, Organix® Vitamin B deficiency, Organix® TMAO

Billing and prices	
and fees for physicians):	3776, 3781, 3783, 4071, 4073, 4077, 2x 4078, 4079 3585.H1
	231.96€
Price for private patients:	290.19€

Please note: The adjustment of the reference ranges also affects the (medical practice) profiles that contain the Organix® profiles mentioned above.

The profile "Organix® TMAO" is not affected by the adjustment of the reference ranges since its parameters trimethylamine oxide (TMAO), trimethylamine (TMA), betaine and choline are measured by using a different method.

#### Organix® TMAO (9898)

Billing and prices	
GOÄ (scale of charges and fees for physicians):	3585.H1, 4078
Price for direct payers:	35.55€
Price for private patients:	40.88€

2. Elimination of parameters for assessing the detoxification capacity

The following parameters will be eliminated from April 1st, 2025 onwards:

- 2-Methylhippuric acid
- α-Hydroxybutyric acid
- Glucaric acid
- Orotic acid
- Pyroglutamic acid

Therefore, the profile "Organix® Detoxification capacity" (7210) will no longer be available. Additionally, the parameters will no longer be included in the profile "Organix® Total" (9888).



## Important laboratory information

Alternatively, the laboratory parameters listed in Table 1 below can be used to asses the metabolic state and detoxification:

**Table 1:** Alternative laboratory parameters for assessing the metabolic state and detoxification

Bisheriger Parameter	Funktion	Alternative Parameter und Funktion
2-Methylhippuric acid Glucaric acid	Assessment of liver detoxification	<ul> <li>Liver enzymes GPT, GOT, gamma-GT (6331) (serum) for general liver function assessment</li> <li>Glutathione (5356) (EDTA blood, cooled) as a direct marker for antioxidant capacity and phase II detoxification</li> <li>Amino acids glycine and cysteine (5382) (test package amino acids) for the assessment of glutathione synthesis</li> <li>Superoxide dismutase (5113) (EDTA blood) as a marker for antioxidant defense</li> <li>Genetic diagnostics of detoxification:         <ul> <li>Glutathione S-transferase theta-1 (GSTT1) (8103) (EDTA blood) for the assessment of the detoxification capacity</li> <li>Cytochrome P450 (EDTA blood)</li> <li>CYP1A2 (rs762551) (5723)</li> <li>CYP2C19 (rs4244285, rs4986893) (8411)</li> </ul> </li> </ul>
α-Hydroxybutyric acid Pyroglutamic acid	Glutathione balance and use	<ul> <li>Glutathione (5356) (EDTA blood, cooled) for the assessment of its synthesis and availability</li> <li>Glutamic acid, glycine and cysteine (5382) (test package amino acids) for analyzing the pre-stages of glutathione formation</li> </ul>
Orotic acid	Dysfunction of urea synthesis	Ammonia (7636) (EDTA plasma, frozen) for the assessment of nitrogen excretion and liver function

### Do you have any questions or would you like to order sampling materials?

Our customer service team will be happy to help you via

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Best regards

Dr. med. Patrik Zickgraf and the team at GANZIMMUN

