

Funktionelle Medizin und Hormone

Datum:

16. & 17.05.2025, jeweils von 09:00 – 18:00 Uhr



Filomena Trindade is a physician, teacher, author, and international lecturer in functional medicine. She is faculty at the Institute for Functional Medicine and in the fellowship program in Metabolic Medicine at Metabolic Medical Institute. After obtaining her BA degree in Biology she finished a master's in Public Health (environmental health and epidemiology) before starting medical school. She graduated first in her class in family practice (U.C. Davis School of Medicine) and did her residency training in

family practice at the U.C. San Francisco/Santa Rosa Program. She has been in clinical practice for over 24 years. Before starting her own private practice in functional medicine she was the medical director of a non-profit organization. She recently authored a chapter on diabetes in Integrative Cardiovascular Medicine Textbook and another on Hormonal Health in the Integrative and Functional Nutritional Therapy Textbook. Her other publications include Townsend Letter, Guide to Anti-Aging & Regenerative Medicine, Saúde Actual, and the Border Health Journal. She is currently very active in her Saudade Certification Program, in mentoring other health providers and in her health retreats in Azores, her homeland.

Inhalt des Moduls:

- What is functional medicine?
- FM Matrix with example
- Focus on Hormones
- The Saudade Hormonal Symphony
 - Insulin
 - HPA-Axis
 - Thyroid
 - Sex Hormones: focus on HRT
 - Estrogen Metabolism
- Women hormones and Heart Disease
 - Pre-Menopausal focus
 - Post-Menopausal focus
- Women, hormones, Insulin Resistance, and Dementia
- Trauma and Disease: what's the connection?

Dieses Modul findet in Englisch mit Simultanübersetzung ins Deutsche statt.



Netzwerk für bioidentische Hormone

Übernachtungsmöglichkeiten:

Salzburg: Imlauer Hotel Pitter

Anmeldung:

Per E-Mail unter apotheke@apotheke-mariahilf.com

Per Telefon unter +43 3847 2247

Stornobedingungen:

Bis acht Wochen vor dem Seminar 20% der Seminargebühr, bis vier Wochen vorher 50% und bei weniger als vier Wochen vorher 100%

Ort & Preis:

Imlauer Hotel Pitter, Rainerstraße 6, 5020 Salzburg, Österreich

Tel: +43 (662) 88 97 80, pitter@imlauer.com

EUR 680,- Im Preis enthalten sind sämtliche Seminarunterlagen sowie Seminarverpflegung (Kalt-/Warmgetränke und Jause) und zwei Mittagessen